

### FAMILY CAMP WEEK 4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes Sausage Fresh Fruit Cereal	Bacon Eggs Homefries Fresh Fruit Cereal	French Toast Yogurt Fresh Fruit Cereal	Breakfast Burritos with Hamm, Peppers, Onion, Salsa Fresh Fruit Cereal	Waffles Whip Cream Fresh fruit Cereal	Hardboiled Eggs Yogurt Parfait Oatmeal Muffins Fresh Fruit
LUNCH		Chicken Bacon Caesar Wraps Veggies and dip Chips Apples	Sweet n' Sour Meatballs Rice Veggie Sticks Brownies	Build Your Own Subs Chips Veggies Cookies	Quiche Summer Salad Watermelon Nanaimo Bars	Loaded Baked Potato Bar with Chili Broccoli Salad Iced Sugar Cookies	
DINNER	Ham Scalloped Potatoes Corn Rolls Pumpkin Tarts	Beef Stew Salad Rolls Zucchini Spice Buttercream Cupcakes	Million Dollar Spaghetti Caesar Salad Garlic Bread Sticks Cherry Tarts	Mexican Lasagna Cowboy Salad Churro Cheesecake Bars	Baked Chicken Mashed Potatoes and Gravy Carrots Rolls Mixed Fruit Pies	BBQ Hamburgers Taco Salad Ambrosia Salad Brown Sugar Cake	