

# CAMPER PACKING LIST

This packing list is a guideline for you. Please do not feel you must purchase items that you do not already have. These are suggestions to make the camper's stay comfortable. Pack belongings in a well labelled duffel bag or suitcase. When packing for younger campers, please be sure that the camper helps so that they know where everything is and can recognize their belongings, as well as do the task on their own when packing to head home. Items should be clearly labelled.

We partner with Lovable Labels ([www.evergreen.lovablelabels.ca](http://www.evergreen.lovablelabels.ca)), who offer custom labels, with 20% of sales going to our camp.



## What to Pack

- T-shirts, at least 6 (lighter colours do not attract bugs as strongly)
- Long sleeve shirts, 2-3 (for evening protection against bugs)
- Shorts, 4-5
- Sweaters/Hoodies, 2-3
- Pants, 2-3
- Underwear, at least 7
- Pairs of socks, at least 7
- Pyjamas (include both light pants & shorts as night temperatures may vary)
- Modest Bathing suit
- Beach towel
- Jacket (for cool evenings or mornings)
- Closed toe running shoes
- Sandals
- Rain gear for rainy days: raincoat, splash pants, rubber boots
- Hat & Sunglasses are essential for sun protection
- Sunscreen (choose one that is waterproof and SPF 30 or higher)
- Insect repellent
- Refillable water bottle
- Sleeping bag, twin-size fitted sheet, blanket & pillow
- Flashlight
- Personal hygiene items: toiletry bag or organizer, toothbrush with cover, toothpaste, hair care products, soap, washcloth, towel, deodorant, ChapStick, (girls: feminine hygiene products)
- Laundry bag or plastic bag for dirty items
- Journal, notebook, pen/pencil, books (for rest hour)
- Bible (if you have one)
- Medication that camper takes on a regular basis (medication will be left with nurse at camp; must be in original packaging with pharmacy label for medications)



## Prohibited Items

These items are not allowed at Camp Mishewah and will be confiscated if brought to camp:

- cigarettes, vapes, matches, lighters
- knives or weapons
- drugs or alcohol
- inappropriate reading material
- chewing gum
- clothing with inappropriate words or symbols
- perfumes or aerosol deodorants (irritants to those with allergies)